

# The CREATE<sup>®</sup> Team Cup 2020

## 4th International Tournament Artistic Gymnastics Hoogwoud

Saturday & Sunday 1st and 2nd of February 2020

The gymnastics association TopTurnen West has the pleasure to invite your team to participate in the 4th International Competition for youngsters, youth, junior & senior.

| Date & Schedule | <p><b><u>January 31th or February 1st, 2020</u></b><br/> <b>Arrival of delegations</b></p> <p><b><u>January 31th, 2020</u></b><br/> <b>Accommodation training for all participating gymnasts</b><br/>           09.00 – 12.00 : Scheduled training 1</p> <p><b><u>February 1st, 2020</u></b><br/> <b>Competition 2, all-around/team competition</b><br/>           09.00 – 09.15 : General warming-up<br/>           09.15 – 10.15 : Apparatus warming-up<br/>           10.15 – 12.15 : Team competition</p> <p><b>Competition 1, all-around/team competition</b><br/>           13.00 – 13.15 : General warming-up<br/>           13.15 – 14.15 : Apparatus warming-up<br/>           14.15 – 16.15 : Team competition<br/>           18.00 – 20.00 : Hollands diner</p> <p><b><u>February 2nd, 2020</u></b><br/> <b>Competition 3, all-around/team competition</b><br/>           09.00 – 09.15 : General warming-up<br/>           09.15 – 10.15 : Apparatus warming-up<br/>           10.15 – 12.15 : Team competition</p> <p><b>Apparatus finals vault, bars, beam and floor</b><br/> <b>Best 8 gymnasts of categorie youngsters 2007-2008-2009</b><br/> <b>Best 8 gymnasts of categorie youth/junior/senior</b><br/>           13.00 – 13.15: General warming-up<br/>           13.15 – 14.15: apparatus warming-up<br/>           14.15 – 16.15: finals</p> <p><b>Departure of delegations</b></p> |
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| <b>Venue</b>                | Turnhal TopTurnen West, De Weijver 8, 1718 MS Hoogwoud  |
| <b>Organizing Committee</b> | TopTurnen West<br>Website: <a href="http://www.topturnenwest.nl">www.topturnenwest.nl</a><br>Event manager: Monique Zwarthoed +31611913205  |
| <b>Registration</b>         | To be sent to: Monique Zwarthoed<br>Mail: <a href="mailto:monique@topturnenwest.nl">monique@topturnenwest.nl</a>  |
| <b>Deadline</b>             | Pre -registration before November 1 <sup>st</sup> , 2019<br>Final date of registration: December 1 <sup>st</sup> , 2019<br>Maximum number of gymnasts is 32 or 8 teams for one competition.   |
| <b>Fees</b>                 | Entry fees € 25, - per gymnast<br>International transportation and accommodation covered by each delegation.  |
| <b>Insurance</b>            | Insurance covering illness, accident, third party liability (and other aspects not specifically mentioned) for each gymnast and each member of each delegation is a condition for participation. The organization committee does not accept any responsibility or liability.  |
| <b>Payment</b>              | IBAN: NL27 RABO 0340574232<br>BIC: RABONL2U<br>Beneficiary: TopTurnen West; De Weijver 8; 1718 MS Hoogwoud<br>Reference: name of delegation; 4th International Tournament CREATE Team Cup 2020; registration fees   |
| <b>Apparatus</b>            | Jansen & Fritsen; new olympic floor. There will be one set of apparatus available for competition. The competition is in our training hall.   |
| <b>Category TeamCup</b>     | Competition 1: Age group mixed youth (2007-2006), junior (2006-2005), senior (2004 and older)<br>Competition 2: Age group youngsters 2009-2008-2007<br>Competition 3: Age group youngsters 2011-2010<br><br>Gymnasts born in 2007 can choose to compete in competition 1 or 2 |
| <b>Competition rules</b>    | FIG new code 2016-2020<br>Team: 4-3-3 (4 gymnasts in the team, 3 gymnasts compete, 3 scores count)<br>Regulations competition 1, 2 and 3, see attachments<br>The use of an extra mat is allowed during the competition  |
| <b>Judge</b>                | The assistance of a judge per team is compulsory. Penalty per missing judge: € 100,-  |
| <b>Medals &amp; Rewards</b> | All gymnasts will receive a participation certificate and a souvenir<br>There are cups for the best 3 teams<br>There are medals for the best 3 individual gymnasts<br>There are medals for the best 3 gymnasts in the apparatus finals  |
| <b>Photographies</b>        | The press and our photographers' team will be present during the competition.<br>Your gymnasts may be photographed, and the press may use the pictures.<br>Please complete the image rights form.   |
| <b>Accomodation</b>         | Van der Valk Hoorn; <a href="http://www.hotelhoorn.com">www.hotelhoorn.com</a><br>Van der Valk Wieringerwerf; <a href="http://www.hotelwieringermeer.nl">www.hotelwieringermeer.nl</a>  |