

The CREATE® Team Cup 2020

4th International Artistic Gymnastics Tournament Hoogwoud
Saturday & Sunday 1st and 2nd of February 2020

Regulations competition 2: Categories youth (2009-2008-2007)	
FIG Code of Points 2017-2020 <ul style="list-style-type: none"> • Elements have to be from the CoP, except on bars. Bars has a compulsory exercise. • Start value= 10.00 (if all the requirements have been performed) • If a requirement has not been performed, deduction= 0.50 • Bonus= 0.50, maximum of 4x bonus • Maximum score=12.00 • Connection values as stated in the CoP 	
Vault	Height Pegasus: 1.15, 1.20 or 1.25 meter All-around/team competition: 1 vault <i>To qualify for the apparatus final, the gymnast has to perform 2 vaults. The vaults can be the same.</i> 1.00 Handspring forward = 10.00 pnt 3.10/3.20 Tsukahara tucked or piked = 12.00 pnt 4.00 Yurchenko (no salto)= 10.00 pnt 4.10/410 Yurchenko tucked or piked = 12.00 pnt
Bars	Compulsory exercise. The gymnast does not have to perform any additional elements <ul style="list-style-type: none"> • Glide kip • Cast to 45° above horizontal; bonus = cast to handstand • Hip circle bwd; bonus =clear hip circle to handstand • Glide kip • Squat on or sole circle bwd • Kip to high bar • Cast to 45° above horizontal; bonus = cast to handstand • 3/4 giant; bonus = giant circle bwd • Salto bwd stretched (flyaway)
Beam	8 elements (3 acro elements & 3 dance elements & 2 optional) Every element with C-value=0.50 bonus 1. One connection of at least 2 different dance elements, 1 being a leap, jump or hop with 180° split (cross or side), or straddle position 2. Turn (Gr. 3) 3. Acro element with flight; bonus = acro-serie, min. 1 element with flight 4. Acro elements in different directions (fwd/swd and bwd)
Floor	8 elements (3 acro elements & 3 dance elements & 2 optional) Every dance-element with C-value=0.50 bonus 1. A dance passage composed of <u>two</u> different leaps or hops, (from the Code) connected directly or indirectly, one of them with 180° cross/side split or straddle position 2. Round-off flic-flac salto bwd stretched (layout); bonus = salto bwd stretched 1/1 twist 3. Acro line with at least two connected flight elements, one being a salto fwd tucked; bonus = salto forward stretched (layout) 4. Third acro line with a <u>different</u> salto; bonus = salto with B value